

Tariff	DD Monthly Peak	DD Monthly Off Peak	Upfront Peak	Upfront Off Peak
Essentials Individual (12 Month Contract)	£ 75.00	£ 60.00	£ 780.00	£ 600.00
Essentials Joint (12 Month Contract)	£140.00	£ 110.00	£1,560.00	£ 1,200.00
Essentials Family 2 Adults & 2 Children (12 Month Contract)	£ 165.00	£ 135.00	£ 1,860.00	£ 1,500.00
Ultimate Individual (12 Month Contract)	£ 90.00	£ 70.00	£ 960.00	£ 720.00
Ultimate Joint (12 Month Contract)	£170.00	£ 130.00	£1,920.00	£1,440.00
Ultimate Family 2 Adults & 2 Children (12 Month Contract)	£ 195.00	£ 155.00	£ 2,220.00	£ 1,740.00
Corporate (5+)	£ 70.00		£ 840.00	
6 Month			£ 480.00	£ 390.00

Please note that there is a £3 Membership Wristband fee Children (under 16) can be added to a membership for 12 months at £150

	Peak	Off Peak	
Monday - Friday	07.00 - 21.00	09.00 - 16.00	
Saturday & Sunday	07.00 - 20.00	15.00 - 20.00	

Essentials

-Towel supplied on each visit
-Induction into the gym
-One guest pass every 3 months
-£5 fee per fitness class*
-20% discount on spa treatments
-10% discount on spa products

Corporate

-10% discount in the hotel bar and restaurant

-Towel supplied on each visit
-Induction into the gym
-Complimentary fitness classes*
-20% discount on spa treatments
-10% discount on spa products
-10% discount in the hotel bar and restaurant

6 Months

-Towel supplied on each visit
-Induction into the gym
-£7.50 fee per fitness class*
-20% discount on spa treatments
-10% discount on spa products
-10% discount in the hotel bar and restaurant

Ultimate

-Towel supplied on each visit
-Induction into the gym
-One guest pass every month
-Complimentary fitness classes*
-One 60 minute personal training session per year
-One 60 minute treatment per year
-Half price guest passes (£12.50 adult, £5 child)
-20% discount on spa treatments
-10% discount on spa products
-10% discount in the hotel bar and restaurant

Adult Only Swim Times: 07.00 - 09.00 & 18.00 - 21.00 (20.00 on weekends)

Subject to changes during school holidays

*Limited Availability - Pre-booking required for all classes