BREAKFAST MENU

FIRST COURSE

HELP YOURSELF TO THE CONTINENTAL BUFFET IN THE BAR INCLUDING:

FRUIT

A selection of fresh fruit

YOGHURT

Cool creamy yoghurt in a variety of flavours

TOPPINGS

Butter portions, a selection of fruit preserves, spreads and cereals

FROM THE BAKERY

Selection of fresh breads from Nile's Bakery (for toasting) and pastries

DRINKS

COFFEE

Filter coffee, rich, full-bodied served with milk

JUICE

A choice of fresh fruit juices and iced water

TEA

Freshly brewed pot of tea from Cornish Tea & Coffee TEA AVAILABLE UPON REQUEST

EXTRAS

ASK YOUR SERVER IF YOU WOULD PREFER A SPECIALITY COFFEE OR TEA

CORNISH COFFEE £2.50 SUPPLEMENT

Espresso Americano Cappuccino Latte

CORNISH TEA £2.50 SUPPLEMENT

Red Berry
Orange and Passionfruit
Camomile
Smoked Manika

SECOND COURSE

THE FULL CORNISH

Local pork sausage or vegan sausage Back Bacon Baked Beans Hash Brown Grilled Tomato Choice of free range eggs (poached, scrambled or fried)

EGGS ROYALE

Toasted English muffin topped with smoked salmon, poached eggs and a classic hollandaise sauce

PORRIDGE

A simple and comforting bowl of warm oat porridge and milk

BUTTERMILK PANCAKES

American pancakes topped with the perfect balance of salty and sweet bacon and golden syrup

BACON OR SAUSAGE SANDWICH

Grilled bacon or succulent sausage between buttered bread. Ketchup or brown sauce optional

EGGS BENEDICT

Toasted English muffin topped with ham, poached eggs and a classics hollandaise sauce

Our delicious free range eggs are supplied by Colin Carter's Egg Farm in Truro

Our yoghurt, milk and cream are from Cornwall's favourite - Rodda's Creamery