

Parkland Terrace – Sample Menu 12.00 to 14.30

Sandwiches

served on locally baked Niles bread (white or granary), with crisps and salad.

Free range egg mayonnaise, mustard cress, tomato	£4.95
Roast turkey, grain mustard and honey mayonnaise	£6.50
Davidstow cheddar cheese, tomato chutney	£5.95
Duchy smoked salmon, baby spinach and cream cheese	£6.50
Newlyn crab, lemon mayonnaise, cucumber and rocket	£9.95
Gloucester old spot ham, tomato and English mustard	£6.50

Soup - Seasonal vegetable soup with crusty bread and local butter	£5.50
Chicken liver parfait - fig chutney, toasted croutes	£5.50
Grilled fillet of local mackerel - Gooseberry puree, watercress	£5.50
Local crab risotto - cherry tomatoes, coriander, crab bisque	£6.95
Cornish goats cheese salad - goats cheese, olives, artichokes, blushed tomatoes, balsamic dressing, rocket, watercress	£6.50
Poached potato gnocchi	£9.95
<i>Roasted forest mushrooms, wilted spinach, crème fraiche, truffle oil</i>	
Braised local steak, mushroom and vegetable pie	£9.95
<i>Creamed potatoes, seasonal vegetables</i>	
Beer battered fish and hand cut chips	£12.50
<i>Local day boat white fish, tartar sauce, pea puree, lemon</i>	
St Austell bay mussels and chips	£13.50
<i>Steamed with garlic, Cornish cider and cream</i>	
Award winning Cornish duck burger	£13.50
<i>Focaccia bun, smoked bacon, apple coleslaw, chilli spiced wedges</i>	
Free range chicken leg, mushroom and bacon casserole	£12.50
<i>Red wine jus, herb crushed new potatoes</i>	
Cornish fish stew	£14.95
<i>Local Cornish seafood poached in a shellfish bisque, herb crushed potatoes</i>	
Sides	£3.50

Thin fries or dressed green salad or green beans or creamed mashed potato

Desserts

The Cornwall's bread and butter pudding, vanilla ice cream	£5.50
Panna cotta, red fruit compote	£5.50
Sticky toffee pudding, butter scotch sauce	£5.50
Caramelized Cappuccino crème brulée	£5.50
Traditional Cornish ice creams and sorbets, please ask for flavours	£5.50
Warm chocolate brownie, chocolate ice cream	£5.50