

THE CORNWALL HOTEL SPA & ESTATE APPOINTS BRETT CAMBORNE-PAYNTER AS HEAD CHEF



Opened in 2010, luxury woodland escape, The Cornwall Hotel Spa & Estate on the Cornish south coast, is delighted to announce the appointment of Brett Camborne-Paynter as Head Chef.

Having worked at some of the most prestigious and respected restaurants in the country, Brett brings over 15 years worth of experience to a role which will see him taking charge of the kitchen set-up, menus and the day-to-day running of The Cornwall Hotel Spa & Estate's Arboretum Restaurant, Acorns Brasserie and The Parkland Terrace, as well as hosting The Cornwall's popular Gourmet Weekends.

Brett first realised his love for cooking and food as a little boy in his mum's kitchen where he would quiz her about cooking methods and ingredients. Qualifying as a chef in his teens, Brett headed for the bright lights of the Capital where he worked with Jean-Christophe Novelli at The Four Seasons, later moving to The Waldorf, The Ivy, Le Caprice and J Sheekey.

At the age of 30 Brett yearned to set up his own restaurant in Cornwall, and did just that when in 2006 he became chef and proprietor of Austell's Restaurant, which gained two AA rosettes and a Michelin Guide listing within just 6 months of opening.

Recently awarded two AA Rosettes, The Arboretum Restaurant serves delicious, gourmet evening meals in sophisticated surrounds, whilst The Acorns Brasserie offers hearty Mediterranean fare and traditional Cornish breakfasts served from its open-plan kitchen. The Parkland Terrace menu

comprises light bites, delicious drinks and The Cornwall's inimitable Cornish Cream Teas and overlooks the hotel's sweeping 43-acre estate.

Brett says, "I am really looking forward to working with the team at The Cornwall Hotel Spa & Estate. The Arboretum, Acorns Brasserie and The Parkland Terrace have a reputation for sumptuous fare and a commitment to using locally-sourced products – I am looking forward to developing this further to provide one of the best dining experience that Cornwall has to offer."

About The Cornwall Hotel Spa & Estate

Nestled within 43 acres of Victorian parkland, The Cornwall Hotel Spa & Estate offers a wide range of accommodation from sumptuous suites in the 19th century manor house and stylish modern Woodland Rooms with private balconies, to two- and three-bedroom luxury Woodland Homes (which have full access to all hotel amenities and which are also available for ownership).

Guests can also enjoy the indulgent Clearing Spa which offers a wide range of treatments from Aromatherapy Associates, including therapies exclusively designed for The Cornwall Hotel Spa & Estate. The Clearing Spa, which is housed in the converted stables, is also home to a spectacular infinity pool with retractable glass walls that open up onto a stunning sub-tropical walled garden, a state of the art gymnasium with personal trainers, sauna, steam room, drench showers, outdoor tennis courts and a juice bar.

For more information visit www.thecornwall.com or call 01726 87 40 50

Notes to Editors: The Cornwall Hotel Spa & Estate is located at Tregorrick, just a few miles from the Eden Project, The Lost Gardens of Heligan, Mevagissey and the spectacular south Cornish coast. Set in 43 acres of glorious Victorian parkland and woodland, this hidden retreat is home to a luxurious hotel, an indulgent spa and 22 architect-designed woodland holiday homes. The Cornwall Hotel Spa & Estate is part of the Rudrum Holdings Group. For more information, please visit www.thecornwall.com

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