

THE CORNWALL HOTEL SPA & ESTATE

THE IDEAL COASTAL RETREAT FOR CHIC SPA SOJOURNS FOR PRE & POST WEDDING PAMPERING



Situated in the stylishly converted nineteenth century stables adjacent to the beautiful walled garden of The Cornwall Hotel Spa & Estate, **The Clearing Spa** is a welcome sanctuary for brides-to-be seeking a **chic spa** break with friends and soon-to-be Grooms in need of a relaxing treat before the big day.

Boasting **five treatment rooms** offering an extensive range of luxurious therapies from the internationally acclaimed **Aromatherapy Associates**, The Clearing Spa offers a selection of spa treatments inspired by the **essence of Cornwall and its local produce** and an array of spa packages specially designed for pre-wedding pampering or to be enjoyed as a couple afterwards. The treatments include;

Perfect Bride, Prices from £185

- Rose Renewal Treatment
- Rose Indulgence Facial
- Deluxe Manicure and Pedicure with Shellac Gel Nails.

Groom-to-be, Prices from £85

- Relaxing back, neck and shoulder massage
- Men's Facial
- Express Hand Treatment.

Romance Retreat, Prices From £130 per couple

- Luxurious one hour treatment of choice
- Champagne Cocktail and strawberries on arrival
- Full use of infinity-edged pool, whirlpool, sauna, steam room.

Mother of the Bride, Prices from £145

- Rose Radiance Facial
- Back, Neck and Shoulder Massage
- Manicure or Pedicure.

Wedding Make-Up, Prices from £85

- 50 minute make-up consultation session in advance of wedding
- 50 minute make-up session on Wedding Day.

Indulgent Hen Party Package, Prices from £45 per person

- 30 minute treatment. Available to upgrade for additional £25
- Full use of spa facilities.

In addition to these therapies, The Clearing Spa is home to a spectacular infinity-edged pool, a sauna, steam room, and gym complete with state-of-the-art fitness facilities for a last minute stress-relieving exercise or sauna / steam session, whilst the extensive treatment menu also includes waxing, tinting, facial mapping and recently introduced Shellac and Minx Nail Products for an additional pre- or post-wedding treat.

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Notes to Editors: The Cornwall Hotel Spa & Estate is located at Tregorrick, just a few miles from the Eden Project, The Lost Gardens of Heligan, Mevagissey and the spectacular south Cornish coast. Set in 43 acres of glorious Victorian parkland and woodland, this hidden retreat is home to a luxurious hotel, an indulgent spa and 22 architect-designed woodland holiday homes. The Cornwall Hotel Spa & Estate is part of the Rudrum Holdings Group. For more information, please visit www.thecornwall.com

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