

THE CLEARING SPA AT THE CORNWALL HOTEL, SPA & ESTATE
Opened 24th February 2010



Newly opened on 24th February 2010, The Cornwall Hotel Spa & Estate is set in forty three acres of glorious Victorian parkland and woodland, situated less than two miles from glorious sandy beaches. Uninhabited for over 40 years, the Estate has been lovingly restored with sixty five sumptuous bedrooms and suites, a superb restaurant and twenty two new chic woodland homes, for sale and holiday rental. The Clearing Spa is the jewel in the crown that completes this spectacular offering; the infinity-edged pool, opening onto the secret walled garden, offers the space and tranquillity to refresh and renew after rejuvenating therapies, complimented by beauty necessities.

Situated in the stylishly converted nineteenth century stables adjacent to the beautiful walled garden, The Clearing Spa has five treatment rooms offering an extensive range of luxurious therapies from the internationally acclaimed Aromatherapy Associates. Their Signature treatments designed exclusively for The Cornwall Hotel Spa & Estate, are tailored to individual needs and designed to restore your body balance.

In keeping with The Cornwall's gorgeous surroundings, the treatments at The Clearing Spa are inspired by the essence of Cornwall and its local produce. The Seashells and Saltscrubs treatment combines a traditional stress-relieving aromatherapy massage with warming shells to alleviate specific areas of tension. The Ultimate Cornish Trilogy Treatment rejuvenates and re-mineralises the whole body using Cornish clay, mud and pure plant oils in a body scrub, followed by a cleansing shower and intense aromatherapy massage. The extensive treatment menu also includes waxing, tinting, facial mapping, pregnancy and teenage treatments, and a nail bar – the perfect treat after a coastal stroll.

Aromatherapy Associates have been at the forefront of aromatherapy for over 30 years and have developed The Refinery products exclusively for men which also feature at The Clearing Spa. Aromatherapy Associates provide a link to the traditional principles of aromatherapy and the benefits that essential oils bring when applied in the right way.

Through their passion for aromatherapy practices and blending oils, Aromatherapy Associates have developed this outstanding selection of signature treatments exclusively for The Cornwall Hotel Spa & Estate, making a visit to The Clearing Spa a truly unique and memorable experience for even the most seasoned of Aromatherapy Associates devotees.

The spectacular infinity-edged pool – cleansed by UV water treatment rather than chemicals - has retractable glass walls which open onto a stunning sub-tropical walled garden giving spectacular views across the Pentewan valley to the designated Area of Outstanding Natural Beauty beyond. The Clearing Spa gym incorporates state-of-the-art fitness facilities, on-hand personal trainers, sauna, steam room, drench showers and, from July, tennis courts. Afterwards, refresh in the juice bar, chill in the relaxation areas, or try one of the many meandering walks through the mature woodlands. Specimen trees, flora and fauna abound. Why not rediscover the joy of picnics in the Estate's sweeping parklands. Compliment your treatments with the space, tranquillity and beauty that the Cornwall Estate has to offer.

The Cornwall Hotel Spa & Estate Indulgence Break: indulge yourself in pure relaxation and enjoy a stay of 2 nights including full Cornish breakfast, dinner on your first evening, complimentary use of The Clearing Spa and either a therapeutic 1 hour massage or facial per person.

Notes to editors: The Cornwall Hotel Spa & Estate is located at Tregorrick just a few miles from the Eden Project, The Lost Gardens of Heligan, Mevagissey and the spectacular south Cornish coast. Set in 43 acres of glorious Victorian parkland and woodland, this hidden retreat is home to a luxurious hotel, a state-of-the art spa and 60 architect designed woodland holiday homes. The Cornwall Hotel Spa & Estate is part of the Rudrum Holdings Group, and is a member of Bespoke Hotels highly individual portfolio of fine hotels. For more information, please visit www.thecornwall.com

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